



**Open to Women 18 years and up**

**Cost \$50 per student. All Equipment Provided\***

*Students are required to wear shirts, shorts and sneakers*

*\* equipment supplied : head gear, gloves (on loan)*

First name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_

Shirt Size: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency contact number \_\_\_\_\_

e-mail address: \_\_\_\_\_

**Payment method:**      Check       Money Order       All remittance payable to City of Ansonia  
**Sorry, No Cash**

**WAIVER/RELEASE AGREEMENT**

I understand that there are risks and dangers inherent in participating and/or receiving instruction in Boxing and/or in use of the fitness equipment in the Armory. I also understand that in order to be allowed to participate and/or receive instruction in Boxing and/or in use of the fitness equipment

I must give up my rights to hold the Mayor Cassetti and the City of Ansonia, The Girl Power program, instructors, agents ,host, sponsors liable for any injury or damage which I may suffer while participating and/or receiving for any injury or damage which I may suffer while participating and/or receiving instruction in Boxing and/or in the use of the fitness equipment in facility.

Knowing this, I hereby voluntarily release Mayor Cassetti & The City of Ansonia and all mentioned entities from any and all liability resulting from or arising out of my participation and/or receipt of instruction in Boxing and in use of the fitness equipment in the facility.

I understand and agree that this Waiver/Release applies to personal injury which I may suffer, even if caused by the acts or omissions of others. I understand and agree that by signing this Waiver/Release. I am assuming full responsibility for any and all risk of personal injury suffered by my child while participating in this program

I understand and agree that this Waiver/Release will be binding on me, my spouse

Name: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_